

2012 – 2013 Rule Book Changes



About this Presentation

- Your presenters are Shawn Farrell (main speaker) and Tom Mahoney (master of the control panel)
- Thanks to Sam Harris, otherwise known as Intern, for putting most of this ppt together
- This webinar will be available online– via a Citrix Online link we will send out. This ppt presentation will also be posted on the officials page
- Attending this webinar will satisfy CE credits for the year.



Overall Changes (lots of them)

- Section 1A (definitions) now is a glossary in the appendix
- Penalties removed from text and put into a penalty table
- Stage Races now a subsection of the Road Chapter
- Much of the info on permitting, race announcements, and other business rules have been removed, leaving that for policies and race director education programs.
- In many cases specific rules based on single issues that happened 40 years ago have been deleted as irrelevant or not forward thinking
- The rulebook should think ahead, not be a history lesson of every bad decision ever made



2013 Rule 1E1(c)

Rider Upgrade

A new rule allowing riders to finish a limited series in the same category if they have mandatory upgrade points.

(c) Riders who are more than halfway through a series may request a waiver of a mandatory upgrade so that they may finish out the series under the conditions below:

- (i) The series is covered by a single permit and one race director.*
- (ii) The request is approved by the race series director and USA Cycling.*
- (iii) The waiver is granted for a maximum of three event days.*
- (iv) Such a waiver may only be used once per rider per category.*

Note that for MTB series, subsections (i) and (iii) are not applicable.



2013 Rule 1E2(a)

Road Upgrade

Road upgrade procedures changed so that the voluntary upgrade points no longer need be acquired in a 12 month period.

Road Upgrades

Guidelines and Notes by Category:

5-4: Finish 10 massed-start races.

4-3: (1) 20 points; or,

(2) experience in 25 qualifying races with a minimum of 10 top ten finishes with fields of 30 riders+; or, (3) 20 pack finishes with fields over 50.

30 points in 12 months is a mandatory* upgrade. USAC-sanctioned rider Camps and Clinics that are approved by the Local Associations for upgrading will count a maximum of 3 upgrade points when upgrading from category 4 to category 3.

3-2: 30 points

40 points in 12 months is a mandatory* upgrade

2-1: 35 points**

50 points in 12 months is a mandatory* upgrade



2013 Rule 1E6 (a)

Cyclo-Cross Upgrading

Category 5 established for men in cyclo-cross and upgrade system changed to resemble the road more. There will be voluntary upgrades and mandatory upgrades based on points. Cat 5 to cat 4 upgrade by experience only.

Requirements for upgrading:

5-4: Experience in 10 races is a mandatory upgrade.

*4-3: Voluntary upgrade with 10 points. Fifteen points or two wins if the field had at least 30 competitors is a mandatory upgrade.**

*3-2: Voluntary upgrade with 15 points. Twenty points or two wins if the field had at least 30 competitors is a mandatory upgrade.**

2-1: Voluntary upgrade with 20 points. Twenty-five points or two wins if the field had at least 40 competitors is a mandatory upgrade.

**Juniors are exempt from this mandatory upgrade*



2013 Rule 1F3(c)

Clubs and Teams

Registered clubs may have commercial advertising. This eliminates the old concept of active or sponsored clubs.

Only registered clubs and teams may have clothing bearing commercial sponsorship in addition to the manufacturer's logo and club name.



2013 Rule 1H4(c)

Races

Riders may now enter **single-day** time trial events in their proper category or a higher category at their discretion.

Riders may choose to enter single-day individual time trials in their proper category or any higher category, but not a lower category.



2013 Rule 1H4(i)

Entry into Races

Electronic signatures on entry forms and waivers are acceptable if and only if USA Cycling's online registration system was used.

(i) All those who compete in any of the events authorized under these rules do so at their own risk, whether or not they are licensed by USA Cycling, and no liability shall attach to USA Cycling or any of its officials with respect to any loss or injury sustained or caused by anyone competing in events.

(ii) All riders must sign and submit a written entry form which includes the terms of the standard USA Cycling Competitive and Non-Competitive Event Release Form, as then published by USA Cycling, to the Race Director before each race. The signature on the release must be an original handwritten signature; **electronic signatures are only acceptable in the case of online registration using USA Cycling's Online Registration System.** By competing in a race conducted under USA Cycling rules, a rider, or a parent or legal guardian who permits a minor rider to compete, acknowledges understanding and acceptance of the regulations covering the event and agreement to the terms of the Standard Athlete's Entry Blank and Release Form (as then published by USA Cycling), and those terms shall be binding even when no proper entry form



2013 Rule 1H7(a)

Race Registration

Presenting a hard copy license at registration is not necessary if the rider's status can be documented electronically. This is to encourage use and allowed use of the USA Cycling membership app for smart phones.

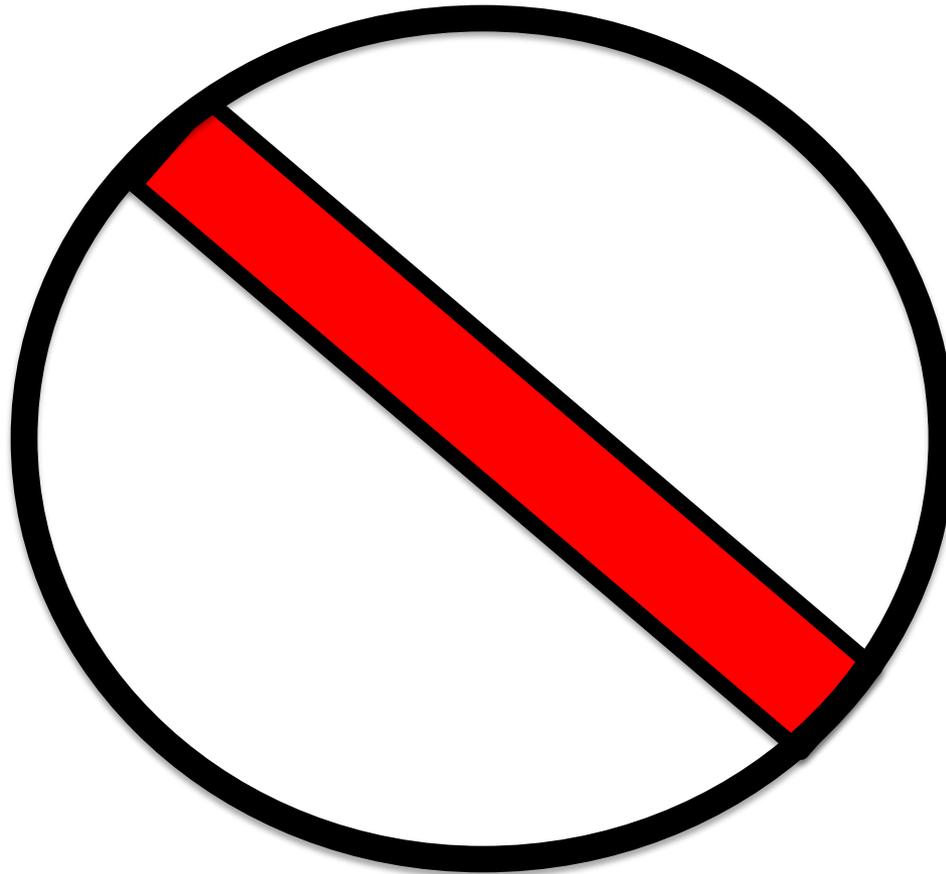
In order to compete in USA Cycling races, riders must present a valid racing license from USA Cycling or an international license from another national federation that is affiliated with the UCI. However, the Chief Referee may approve admission of a rider known to be currently licensed or whose licensed status is confirmed by authoritative documentation, including accessing the member's USA Cycling online account.



2013 Rule 1H10

Prizes

The requirements for prize breakdowns have been deleted. It is now up to the race directors to decide how to best distribute the prize list at their events.



2013 Rule 115

Bicycles

All riders 14 and under are now required to ride massed-start legal bicycles in all disciplines (no aero equipment).

All riders aged 14 and under are restricted to massed-start bicycles as defined in 111(g). These bicycles must also have at least 16 spokes and no wheel covers may be used.



2013 Rule 1J2

Rider's Uniform

Dual Slalom Full-face helmet

For MTB downhill and 4X events, a full-face helmet must be worn. [Full-face helmets must also be worn for Dual Slalom at National Championships.](#)



2013 Rule 1N13

Conduct

“other intoxicants” added to alcohol as something not to be consumed by people in positions of responsibility at bike races. Acknowledges some recent legal changes in Colorado and Washington.

No person with official responsibilities at a race (including, but not limited to, race officials, marshals, race directors, timing or results companies, and race announcers) shall consume alcoholic beverages or other intoxicants while races are in progress and any such person who appears to be under the influence of alcohol or other intoxicating substances shall be promptly relieved of responsibilities.



2013 Rule 103

Protest and Hearings

Clarifies procedures for results protests and timing.

(b) A protest regarding the final results must be made within 15 minutes after the announcement of results in order for riders to be eligible for prizes.

(c) For any protests made after the awards ceremony, any rider's right to prizes is waived.

(d) Once the results have been finalized onsite and the awards have been given out, any further results protests may be submitted directly to USA Cycling, who will consider them at its discretion. Any such results protests must be submitted at the latest 30 days after the results are posted on the USA Cycling website.



2013 Rule 2B13

Track – General Rules

Adopts UCI rule specifying that electronic readout devices cannot be visible during a track race.

Riders may carry no object on them or on their bicycles that could fall onto the track. Any electronic device with a display (speedometer, power meter, etc) must be hidden such that the riders cannot read it while riding.



2013 Rule 2E1

Track - Miss-and-Out & Elimination

Distinguishes between a miss and out and an elimination race.

(a) A miss-and-out concludes when there are three riders remaining, followed by a free lap, then the bell and a three-up sprint to determine the final placings.

(b) An elimination race concludes when there are two riders remaining, then an immediate bell followed by a two-up sprint.



2013 Rule 2E2

Track - Miss-and-Out & Elimination

Judging

The back edge of the rear tire determines the last rider over the line during the portion where riders are being pulled. If one or more riders are lapped or abandon the race between sprints, they shall be the riders eliminated in the next sprint. The final sprint is judged as a conventional sprint, using the leading edge of the front wheel.



2013 Rule 2H2(d)

Track - Keirin

Clarifies what happens when the lead rider passes the pacer during a Keirin.

If the leading edge of the front wheel of any rider's bicycle passes the back edge of the pacer's rear wheel while the pacer is still on the track, the race will be stopped and rerun without the rider(s) at fault. The offending rider(s) shall be disqualified.



2013 Rule 212

Track – Time Trial

Specifies the total distance, including warm up laps, for flying start time trials on the track

In **flying start events**. *Riders shall build up speed over a distance depending on the length of the track:*

200-meter time trial and flying lap:

250 meter track or smaller: 3.5 laps

285 meter track: 3 laps

333.33 meter track: 2.5 laps

400 meter track: 2 laps

** Note that the distances given include the timed portion.*



2013 Rule 2L3(d)

Track – Team Sprint

Adopts new UCI rule for what constitutes a legal exchange in team sprint.

At the completion of their lap, the rear edge of the leading rider's back wheel must cross the pursuit line ahead of the leading edge of the front wheel of the following rider. Thereafter, the leading rider must draw aside immediately and ride above the sprinter's line within 15 meters after the pursuit line.



2013 Rule 2M7

Track – Point Race

Summary of how stoppages and restarts are handled in points races.

In case of a fall involving over one-half of the riders, the race shall be stopped and the officials shall determine the duration of the stoppage. A new start shall be taken and each rider shall retain their points at the moment of the fall.



2013 Rule 2M8

Track – Point Race

Impractical to Race

If the track becomes impracticable to race for any reason, the commissaires shall decide as follows:

DISTANCE	DECISIONS		
	Complete rerun the same day	Resume Race with points accumulated	Let Results Stand
	Stopped before	Stopped between	Stopped after
10 km	8 km	-	8 km
15/16 km	10 km	-	10 km
20 km	10 km	10 – 15 km	15 km
24/25 km	10 km	10 – 20 km	20 km
30 km	15 km	15 – 25 km	25 km
40 km	15 km	15 – 30 km	30 km



2013 Rule 2N10

Track - Madison

Track impossible to race

2N11. *If the track becomes impracticable to race for any reason, the commissaires shall decide as follows:*

Race Stopped:	Elite	Junior	
Before	20 km	10 km	Resume entirely the same day
Between	20 – 40 km	10 – 25 km	Resume race with points and laps acquired so far
After	50 km	25 km	Results stand



2013 Rule 203

Track - Omnium

Clarification of International Omnium procedures.

(a) The International-style omnium is a single competition consisting of six events, which usually is held over two days in the following order:

(i) Flying lap time trial: one lap for tracks up to 250m in length, or 250m for larger tracks.

(ii) Points race: 30km for elite men; 20km for elite women; 15km for junior men; 10km for junior women. The sprint intervals are the same as for championship points races.

(iii) Elimination race.

(iv) Individual pursuit: 4000m for elite men; 3000m for elite women and junior men; 2000m for junior women. The race is run without finals, with riders seeded from the overall ranking after the elimination race

(v) Scratch race: 15km for elite men; 10km for elite women and junior men; 7.5km for junior women.

(vi) Time Trial: 1000m for men and 500m for women, respectively (riders are seeded from the overall ranking after the scratch race).



2013 Rule 203 Cont...

Track - Omnium

(b) In competitions for which the number of riders entered exceeds the track limit and there is no existing qualification system to establish the number of participating riders, their selection shall be determined as follows:

(i) All riders entered shall first participate in qualifying points race heats – 15 km for elite men; 10 km for elite women; 7.5 km for junior men; and 5 km for junior women. The heats shall be run so as to qualify up to the track maximum number of riders without necessarily qualifying the maximum number of riders permitted. An equal number of riders shall qualify from each heat to participate in the omnium.

(ii) All riders not qualifying to participate in the omnium shall be placed jointly in last position. Any riders not finishing any of the qualifying rounds shall not be placed (DNF).



2013 Rule 203 Cont...

Track - Omnium

(d) Any rider failing to start in one of the events shall not be allowed to compete in the subsequent events and will be considered to have abandoned the competition. The rider will be placed last in the competition noting that they did not finish (DNF).

(e) For the points, elimination, and scratch races, riders shall be lined up in single file along the railing and in the sprinters lane in the order listed on the start list. This order shall be based on the current omnium rankings. Riders with odd-numbered placings will start in the sprinters lane and riders with even-numbered placings will start off of the railing.



2013 Rule 203 Cont...

Track - Omnium

(g) Ranking:

- (i) Full results shall be produced after each event. The cumulative total of points obtained in each event shall be updated after each event. The winner shall be the rider who has obtained the lowest total of rankings.
- (ii) The winner of each event will be awarded 1 point, the second place rider 2 points, and so on
- (iii) Any rider abandoning or being withdrawn from the scratch race or points race shall be awarded the ranking of the last available place at that time plus a penalty ranking equal to the last rank points granted to the flying time trial. In the case of the scratch race, any rider not finishing due to a fall or due to the fact that they may not return to the track in the final kilometer shall be awarded the ranking of the last available place. Riders involved in the same incident shall be placed equally.
- (iv) A rider taking pace from his opponent in the individual pursuit shall be awarded the ranking of the last available place at that time plus a penalty ranking equal to the last rank points granted to the flying time trial.
- (v) In the event of a tie, the best rider shall be determined by the lowest cumulative time in the time trial events.



2013 Rule 3E6(c)

Road – Individual Time Trial

Modifies rules regarding passing in a time trial to match international rules.

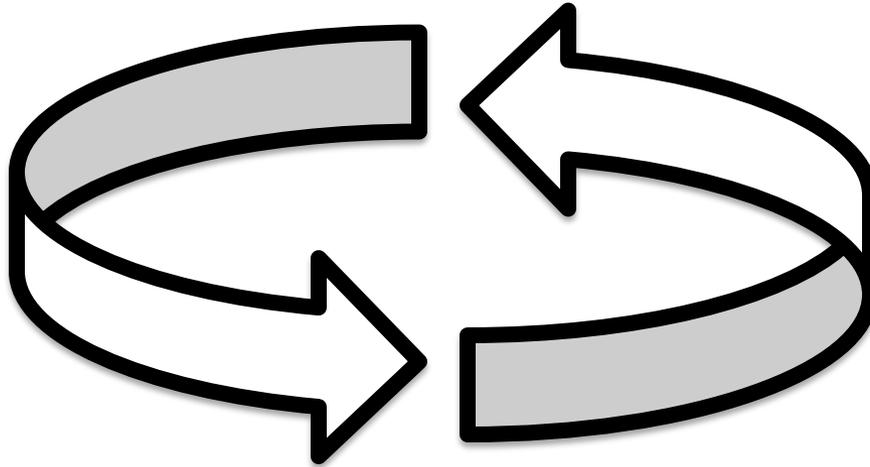
No two riders may ride abreast other than when attempting to pass and such attempts shall not be maintained beyond a distance of 500 meters. If the pass is not made cleanly within 500 meters, the caught rider must drop back to a distance 25 meters behind the rider who caught him.



2013 Rule 3H

Road – Stage Racing

Stage race rules now in road chapter instead of separate.



2013 Rule 3H3(a)

Road – Stage Racing

Clarifies prologue time trial rules for stage races

A **prologue individual time trial** may be conducted and is included in the count of competition days, as long as the following conditions are met:

(i) It may not exceed 8 km.

(ii) If more than 60 riders are involved, the interval between the start of any two riders shall not exceed one minute.

(iii) The results are used to determine individual general classification.

(iv) Any rider who suffers a mishap during the prologue and is unable to complete the distance shall be permitted to race the following day, shall be placed last and given the time of the last rider completing the course.

(v) No rider may participate or be made to participate in a second race on the same day as the prologue.



2013 Rule 5D9 –

MTB – Endurance Events

Adds rules for cross country eliminator

- (a) The course should be completely rideable and avoid singletrack sections to allow competitors opportunities for overtaking another rider.*
- (b) Following a qualification round, riders race against each other in an elimination format (heats) to determine a winner. (c) The start and finish area should be separated.*
- (d) The qualifying Round should have at least 12 riders entered to have a competition. The qualifying round takes the form of an individual timed run of one or two laps of the course. See Appendix 3 for seeding.*
- (e) Riders who are DNF, DSQ or DNS in the semifinals may not enter the final for third and fourth.*



2013 Rule 5D9 Cont...

MTB – Endurance Events

(f) The starting area shall have the following characteristics:

(i) A start grid must be drawn on the ground and extend for 10m.

(ii) The initial straight should be a minimum of 20m before the first significant turn.

(iii) The riders must be lined up next to each other on one line.

(iv) The riders in each heat may choose their starting position in order of their qualifying time.

(g) The riders may start with one foot on the ground or be held, consistent throughout the event.



2013 Rule 5E3(c)

MTB – Gravity Events – 4X

Lead Rider

The lead rider may take any line available on the track. This also relates to any rider ahead of any other rider. Intentionally moving to initiate malicious contact with another rider, or force a rider off the track is prohibited.



2013 Rule 5E4

MTB – Gravity Events - Enduro

Adds rules for enduro

An extended timed descent or multiple timed descents in single or multiple stages over one or more days. A technical manual should be produced that defines how the event will be scored, either by time or omnium. All stages must be completed to be eligible for a placing.



2013 Rule 6E4

Collegiate – Rider Uniforms

Specifies that riders must wear team clothing on national championship podiums.

At the podium presentations at national championships, riders must wear team or school clothing or jerseys.



2013 Rule 6G9

Collegiate – Conference Events

Establishes rule that collegiate categories can be mixed with other categories at the discretion of USA Cycling and the conference director

Combined Categories At the discretion of the conference director and USA Cycling, collegiate categories may be combined with other categories on an open or invitational basis (e.g. high school categories, P/1/2/3/Collegiate A, etc)



2013 Rule 6H1(a)

Collegiate – Scoring - Individual

Modifies points system for collegiate conference racing

Riders score the following points in all conference races except criteriums.

Additionally, teams score the following points for team events such as team time trials, team relays, and other events in which riders do not earn individual points, before Team Points (6H3) are assigned.



2013 Rule 6H2 – 6H3

Collegiate –Scoring - Team

Modifies points system for collegiate conference racing

6H2. Variation in Points Conferences may deviate from the above points schedule based on conference size and division breakdown with the consent of USA Cycling.

6H3. Team Points For each race and each gender (e.g. women's criterium, men's team time trial, co-ed mountain bike team relay), teams are ranked based on the sum of their top four riders in each category for individual events and the top team entry in each category for team events (for individual events, additional riders retain any individual points they earn but their points are not included in the determination of their team's total), and the following points are assigned for the team omnium:



2013 Rule 6H3

Modifies points system for collegiate conference racing

Collegiate – Scoring - Team

6H3

PLACE	TEAM POINTS	PLACE	TEAM POINTS
1	50	11	11
2	43	12	9
3	37	13	8
4	32	14	7
5	28	15	6
6	24	16	5
7	21	17	4
8	18	18	3
9	15	19	2
10	13	20	1



2013 Rule 6H4 – 6H7

Collegiate - Race

6H4. Divisions *When riders and teams from different divisions race together, they shall be scored together for both individual and team standings. Teams may be ranked within their respective division (e.g. for national qualifications, etc) only after all points have been tabulated for an event or season.*

6H5. Dropped Races *All races and events count toward the team and individual omniums for the regular season championship.*

6H6. Conference Championships *Points earned at a conference championship for both the team and individual are worth double those of the regular season.*

6H7. Gravity/Endurance Omnium *In the mountain bike season, the individual omnium shall be a combination of gravity and endurance results.*



2013 Rule 6H10

Collegiate - Out of Conference

Out of Conference Riders

Out of Conference Riders Riders and teams may compete in collegiate races outside their team's conference, but may not score either rider or team points in that race unless it is specified as a dual conference race. The points that would be earned by an out-of-conference rider shall not be awarded to any rider, unless the conference chooses to award those points to the next-highest placing in-conference rider.



2013 Rule 6J2 – 6J3

Collegiate – Varsity – Recruit / Transfer

Establishes rules for varsity recruiting and how transfers are handled.

6J2. Recruiting *Varsity teams may not contact riders currently competing for other varsity teams regarding transfers, discuss transfer options, or accept a transfer of a rider from another varsity team without prior acknowledgment from the athlete's current varsity team (via a signed Varsity Athlete Transfer Form, available from USA Cycling).*

6J3. Transfers *Riders completing transfers (defined as signing a varsity athlete transfer form with a second team, no less than 60 days after receiving acknowledgement from their previous coach) between October 2 and June 1 are eligible to race for their new teams starting with the subsequent fall seasons (track, mountain bike, and cyclo-cross), and those completing transfers between June 2 and October 1 are eligible for the subsequent spring seasons (BMX and road).*



2013 Rule 7C1(a)

Nat Champ - Awards

Changes podium rule such that UCI classes have a three-person podium. Non-UCI classes still have a five-person podium.

In National Championships categories including Juniors 16 and younger, Collegiate, and Masters, awards shall consist of a first place championship jersey and medals to five places. In National Championships for Juniors 17-18, Under 23, Elites, and Professionals, awards shall consist of a first place championship jersey and medals to three places.



2013 Rule 7D8

Nat Champ - Track

Establishes new individual pursuit for juniors.

Individual pursuit championships. The following individual pursuit distances shall be held at championship events.

MEN		WOMEN	
<u>15 - 18</u>	<u>3 km</u>	<u>15 - 18</u>	<u>2 km</u>
Elite	4 km	Elite	3 km
35 - 49	3 km	35+	2 km
50 +	2 km		



2013 Rule 7D9

Nat Champ - Track

Establishes new team pursuit for juniors.

Team pursuit championships. The following team pursuit distances shall be held. The number of riders allowed per team is in parentheses next to the distance.

MEN		WOMEN	
<u>15 - 16</u>	<u>3 km (4 riders)</u>	<u>15 - 16</u>	<u>3 km (3 riders)</u>
17 - 18	4 km (4 riders)	17 - 18	4 km (4 riders)
Elite *	4 km (4 riders)	Elite *	4 km (4 riders)
35+	4 km (4 riders)	35+	3 km (3 riders)
45+	4 km (4 riders)	45+	3 km (3 riders)
55+	3 km (4 riders)		
65+	3 km (4 riders)		

*A minimum of 3 eligible teams must compete to be considered a championship for Elites.



2013 Rule 719

Nat Champ – Collegiate - MTB

Adds a team relay to collegiate MTB championships

(b) Mountain Bike Championship Races. The collegiate mountain bike championships shall hold the following endurance events and meet the following distance requirements.

Cross Country	1.75 – 2 hours
Short- Track XC	20 min + 3 laps
<u>Team Relay</u>	<u>4 laps; 3 – 10 min / lap</u>

d) Each team may enter up to six riders in each race except the team relay at the collegiate mountain bike national championships, which is limited to four riders.



2013 Rule 719 Cont...

Nat Champ – Collegiate - MTB

(g) Team relay shall not count toward the individual omnium, and shall follow the rules outlined for Collegiate MTB Team Relay with the following additional stipulations:

- (i) Teams may not have more than two men.
- (ii) A woman must complete two of the four laps for each team

